



Shareing & Careing

CANCER SUPPORT COMMUNITY • FOUNDED 1994

*Providing Support Services,
Educational Outreach, Links to Free
and Low Cost Cancer Treatment,
Mammography, Emergent Needs,
Bilingual Spanish Navigation and
Wigs & Post-Surgery Accessories*

718-777-5766
WWW.SHAREING-CAREING.ORG
45-02 DITMARS BLVD, #1016
ASTORIA, NY 11105

*Generously Sponsored by the NYC Council &
Ponce DeLeon Foundation*



Serving Thousands Annually

SHAREing & CAREing was founded in 1994 to address the needs of cancer patients and their families in Queens County and throughout New York City. We are the only not-for-profit working with all members of the community—regardless of insurance status—to provide education on prevention and wellness, links to cancer treatment and practical needs, and ongoing counseling support. All of our services are no charge.

Take Care of Your Breasts...

1. Go to the doctor and know your risk for cancer
2. Be familiar with how your breasts look and feel and report any changes
3. Start getting regular mammograms when recommended

Contact SHAREing & CAREing when you have questions and need assistance



All Our Services Are Free of Charge

- Individual and group counseling
- Breast health education programs
- Support group meetings
- Health & wellness programs
- Help understanding insurance coverage and benefit claims
- Corporate lunch & learns

“SHAREing & CAREing was there when I had no one to be with me for chemo. Anna Z. made sure I got home safe. Their support group was an outlet for me to speak to other women going through the same as I was. I am so glad I was put in touch with SHAREing & CAREing. Anna Z. and the other staff will always be in my life.”

—Allison Alexis



***Help Us Continue Our
Mission—Donate Today
www.shareing-careing.org***